

Twin Cities Meals on Wheels  
2021 Annual

**FUNDRAISER**

Imagine for a moment your loved one sitting alone day after day, unable to shop or cook for themselves, subsisting on anything that is easy to carry and doesn't require cooking. Imagine coming home from the hospital, alone, and too weak to prepare nutritious food to help you heal.

Now imagine the Twin Cities Meals on Wheels volunteer bringing encouragement, a warm smile, and a hot nutritious meal.

That's what Twin Cities Meals on Wheels is all about.

***We are a not-for-profit tax-exempt organization and we don't receive any government subsidies. Our fundraising is done entirely by volunteers.***

We strive to provide this service as economically as possible. However, the charge to our clients only covers 67% of our operating costs. Your generous donations cover the remaining 33%. During the past year, our outside fundraising efforts were eliminated due to COVID 19 restrictions and we have seen our food costs increase by 15%

More than ever, we need your help and support to keep our meal rates low. Please continue your generosity with a gift of any amount.

Twin Cities Meals on Wheels is a large volunteer organization with just three part-time paid employees, and about 110 volunteers. They have been a constant in serving the community since 1973. While they prepare and deliver meals, their motto is "We bring smiles".

There are two options for making a donation.

Send a Check Payable To:

**Twin Cities Meals on Wheels**

**100 Ridge Road**

**North Tonawanda, NY 14120**

OR

**Donate On-Line from our website**

**[www.tcmow.com](http://www.tcmow.com)**