



Another Serving



“Meals and More...”

Newsletter for Volunteers and Staff of Twin Cities Meals on Wheels, Inc.

100 Ridge Road North Tonawanda, New York 14120

Serving the Twin Cities since 1973

Pam Hill, Coordinator

Dean Hutter, Newsletter Editor

Karl Bauer, Assistant Editor

E-mail for newsletter: anotherserving@yahoo.com

our website <http://www.tcmow.com>

Phone: (716) 693-1663

Fax No. (716) 693-1663

OFFICE e-mail: info@tcmow.com

Board of Director for 2020 – Karl Bauer- President, James Burke – Vice President, Curt Gaume – Treasurer - Eileen Britton – Secretary. **Board Members:** Rodney Brown, Virginia Brown, Carol Butch, John Grobe, Dean Hutter, Gary Rockenbrock, Rick Henderson, June Jordan, Publicity Chair - Barb Tucker Community Liaison: Evelyn Zupo

July 2020 - Important Dates

Saturday is 4th of July

No meals served on Monday July 6th

Wednesday August 12th - 12:30 pm Board of Directors Meeting

TAKE YOUR COPY OF “Another Serving” HOME with you. We print 110 copies so each volunteer gets his / her own copy to keep.

Can't Come On Volunteering Day???



To cancel your day to serve or drive, call Pam Hill **at home** the night before on her *cell phone 418-5424* so she can get a “sub” for you.

COORDINATORS COLUMN...

This earth we live on is so bountiful isn't it? I drove in the other day on a Monday and was absolutely shocked at how much all the plants have grown! At

home the tomato plants have doubled in size overnight and the baby blueberry bush (new this year) has grown about a foot! And so too here at Meals on Wheels our family has grown also. We have seen several new volunteers over the covid shutdowns. Some of them might remain with us and some of them are already going back to work at their regular jobs. In some ways we as an organization have grown during this also. We had some major increases in clients overnight and some major changes in how we do business. Through it all we grew and "matured" and I am very proud of how we stepped up and served our community. At the beginning of all this both the counties we serve and both mayors called the office to see if we would remain open. New York State notified us that we were a "front line" business and could remain open throughout. So kudos to all of you who helped us pull this off.

On another note as most of you know Jeremy in the kitchen was "expecting" HAHA. Well the baby is

here, but as of printing time I am not sure of a name or the actual date of birth but it is a little boy!! So everyone enjoy the rest of the summer, see you on your volunteer day, and see you next month.
Pam

David Britton, stepson of Eileen Britton,

passed away on May 30th. David lost his 14 month battle to esophageal cancer and was a patient of RPCI. He is survived by his wife and two sons. David was 50 years old. Eileen is a server on Route 3, Wednesday and Route 7 on Friday. RIP David.

News of our Volunteers

Background of our newest volunteer.

Brian Kenny, wife Lisa, Brian is retired from Try -It Dist. Volunteers as a server on Tuesdays. Likes to help others in the community, enjoys gardening, fishing, sports and projects around the house. Was on the board of directors for meals in Niagara Falls and Ken-Ton. Did handyman program. Been involved with Meals On Wheels for 13 years!



Thanks to everyone who worked and made our gardens look great!! In front of the Clothing Closet ...Eric Carter and Linda Necpon

In Front of Meals & Food, thanks to Pam Hill, Kathy DeRoiser and Bonnie Scheafer!!

Volunteer News is Always Needed --

News that you would like to share with your volunteer friends at TC MoW is needed for "*Another Serving*"

You may want to provide news about:

- Vacation trips
- Happy events / sad events
- Wedding anniversaries (50, 60, 70, etc.)
- New grandchild, great-grand kids, etc.
- Injuries / surgeries

Forms are provided (in **blue** pocket) above the plastic rack where you pick up your newsletter. Place the completed form in the **yellow** pocket.

When you" retire" from volunteering from TC MoW, do NOT give a MoW shirt to charity (Salvation Army, Goodwill, Am vets, etc.). The shirt could be used as ID for a thief to get into the home of a meal recipient, thinking that the thief was bringing a meal, when actually they were going to rob or harm the meal recipient.

In Our Thoughts & Prayers



- Pray for the folks threatened by forest fires, floods, severe heat, storms, and hurricanes.
- Pray for **our military** and **personnel** in Afghanistan and throughout the world.
- Pray for **world peace** and **wisdom for government leaders** at all levels.

Volunteers are always needed —
Bring a friend to see what you do at TC MoW
You are encouraged to "Bring a Friend" on the day you come to help at TC MoW.

Your friend would be with YOU as you

- do your tasks as a kitchen helper
- drive to deliver meals
- take meals into the homes of meal recipients

“Bring a Friend” can be at any time. No advance notice required. This may generate interest in future volunteering at TC MoW.



HAPPY BIRTHDAY-

Each month the names and date are listed for volunteers and staff who are celebrating a birthday during the month.

Gloria Stanz	07/04
Pamela Hill	07/07
John Major	07/16
Tim Greinert	07/16
Richard Stenzel	07/17
John Dunford	07/19
Virginia Brown	07/22
Judy Kovach	07/26

If your birthday was incorrect or omitted, please give the information to Pam Hill so we can correct it.



Volunteering

Anniversaries

We applaud TC MoW volunteers who are celebrating an anniversary of their volunteering this month. The number of years of service at TC MoW is indicated after each name.

Pamela Hill	16
Rosemary Marohn	15
Carol Kromphardt	11
Karl Bauer	9
Pam Psik	1
Judy Kovach	1

Thank you for your years of service. (Please report volunteering anniversaries errors to Pam Hill).

Twin Cities Community Outreach News (TCCO)

A scholarship in the name of Rev. Frank Wright was given to Corynne Wildrick from Tonawanda High School.

Last year it was given to a student of North Tonawanda High.

The Annual Meat Raffle planned for October of this year is still up in the air if we can plan it.

And thanks for all your PENNIE donations!



LAUGH TIME...

PSYCHIATRIST VS. BARTENDER

Ever since I was a child, I've always had a fear of someone under my bed at night.

So I went to a shrink and told him, "I've got problems. Every time I go to bed I think there's somebody under it.

I'm scared and I think I'm going crazy."

"Just put yourself in my hands for one year", said the shrink. "Come in and talk to me three times a week and we should be able to get rid of those fears".

How much do you charge?"

"Eighty dollars per visit", replied the doctor.

"I'll sleep on it", I said.

Six months later the doctor met me on the street. "Why didn't you come to see me about those fears you were having?", he asked.

"Well, eighty bucks a visit, three times a week for a year is \$12,480.00.

A bartender cured me for \$10.00. I was so happy to have saved all that money that I went and bought me a new pickup truck."

"Is that so?" With a bit of an attitude, he said, "and how, may I ask, did a bartender cure you?"

"He told me to cut the legs off the bed. Ain't nobody under there now!"

FORGET THE SHRINKS, HAVE A DRINK AND TALK TO A BARTENDER!

ITS ALWAYS BETTER TO GET A SECOND OPINION!

Thoughts

Birds of a feather flock together...
And then crap on your car.

A penny saved is a
Government oversight.

The older you get, the tougher
It is to lose weight, because by
Then your body and your fat have
Gotten to be really good friends.

The easiest way to find
Something lost around the
House is to buy a replacement...

He who hesitates is probably right.

Did you ever notice: The Roman
Numerals for forty (40) are 'XL'.

The sole purpose of a child's
Middle name is so he can
Tell when he's really in trouble.

Did you ever notice: When you
Put the 2 words 'The' and 'IRS'
Together it spells 'Theirs...'

Aging: Eventually you will
Reach a point when you stop
Lying about your age and
Start bragging about it.

Some people try to turn back
Their odometers. Not me, I want
People to know 'why' I look this
Way. I've traveled a long way and
Some of the roads weren't paved.

When you are dissatisfied and
Would like to go back to your
Youth, think of Algebra.

You know you are getting
Old when everything either
Dries up or leaks.

One of the many things no
One tells you about aging
Is that it is such a nice change
From being young. Ah, being
Young is beautiful, but being
Old is comfortable.

A.A.A.D.D.-

KNOW THE SYMPTOMS!

**Thank goodness there's a name for this
disorder.**

Age-Activated Attention Deficit Disorder.

This is how it manifests:

I decide to water my garden.

As I turn on the hose in the driveway,
I look over at my car and decide it needs
washing.

As I start toward the garage,
I notice mail on the porch table that
I brought up from the mail box earlier.

**I decide to go through the mail before I wash
the car.**

I lay my car keys on the table,
Put the junk mail in the garbage can under the
table,
And notice that the can is full.

So, I decide to put the bills back
On the table and take out the garbage first...

But then I think,
Since I'm going to be near the mailbox
When I take out the garbage anyway,
I may as well pay the bills first.

I take my check book off the table,
And see that there is only one check left.
My extra checks are in my desk in the study,
So I go inside the house to my desk where
I find the can of Pepsi I'd been drinking .

I'm going to look for my checks,
But first I need to push the Pepsi aside
So that I don't accidentally knock it over.

The Pepsi is getting warm,
And I decide to put it in the refrigerator to
keep it cold.

As I head toward the kitchen with the Pepsi,
A vase of flowers on the counter
Catches my eye--they need water.

I put the Pepsi on the counter and
Discover my reading glasses that
I've been searching for all morning.

I decide I better put them back on my desk,
But first I'm going to water the flowers.

I set the glasses back down on the counter ,
Fill a container with water and suddenly spot
the TV remote.
Someone left it on the kitchen table.

**I realize that tonight when we go to watch
TV,**
I'll be looking for the remote,
But I won't remember that it's on the kitchen
table,
So I decide to put it back in the den where it
belongs,
But first I'll water the flowers.

I pour some water in the flowers,
But quite a bit of it spills on the floor.

So, I set the remote back on the table,
Get some towels and wipe up the spill.

Then, I head down the hall trying to
Remember what I was planning to do.

At the end of the day:
The car isn't washed,
The bills aren't paid,
There is a warm can of
Pepsi sitting on the counter,
The flowers don't have enough water,
There is still only 1 check in my check book,
I can't find the remote,
I can't find my glasses,
And I don't remember what I did with the car
keys.

**Then, when I try to figure out why nothing
got done today,**
I'm really baffled because I know I was busy all
day,
And I'm really tired.

I realize this is a serious problem,
And I'll try to get some help for it, but first I'll

check my e-mail....

Do me a favor.

Forward this message to everyone you know,
Because I don't remember who I've sent it to.

**Don't laugh -- if this isn't you yet, your day is
coming!**

**P.S. I don't remember who sent it to me, so if
it was you, I'm sorry**

***How grandchildren perceive their
grandparents.....***

1. I was in the bathroom, putting on my makeup, under the watchful eyes of my young granddaughter, as I'd done many times before. After I applied my lipstick and started to leave, the little one said, "But Grandma, you forgot to kiss the toilet paper good-bye!" I will probably never put lipstick on again without thinking about kissing the toilet paper good-bye....

2. My young grandson called the other day to wish me Happy Birthday. He asked me how old I was, and I told him, 72. My grandson was quiet for a moment, and then he asked, "Did you start at 1?"

3. After putting her grandchildren to bed, a grandmother changed into old slacks and a droopy blouse and proceeded to wash her hair. As she heard the children getting more and more rambunctious, her patience grew thin. Finally, she threw a towel around her head and stormed into their room, putting them back to bed with stern warnings. As she left the room, she heard the three-year-old say with a trembling voice, "Who was THAT?"

4. A grandmother was telling her little granddaughter what her own childhood was like. "We used to skate outside on a pond. I

had a swing made from a tire; it hung from a tree in our front yard. We rode our pony. We picked wild raspberries in the woods." The little girl was wide-eyed, taking this all in. At last she said, "I sure wish I'd gotten to know you sooner!"

5. My grandson was visiting one day when he asked, "Grandma, do you know how you and God are alike?" I mentally polished my halo and I said, "No, how are we alike?" "You're both old," he replied.

6. A little girl was diligently pounding away on her grandfather's word processor. She told him she was writing a story.

"What's it about?" he asked.

"I don't know," she replied. "I can't read."

7. I didn't know if my granddaughter had learned her colors yet, so I decided to test her. I would point out something and ask what color it was. She would tell me and was always correct. It was fun for me, so I continued. At last, she headed for the door, saying, "Grandma, I really think you should try to figure out some of these colors yourself!"

8. When my grandson Billy and I entered our vacation cabin, we kept the lights off until we were inside to keep from attracting pesky insects. Still, a few fireflies followed us in. Noticing them before I did, Billy whispered, "It's no use Grandpa. Now the mosquitoes are coming after us with flashlights."

9. When my grandson asked me how old I was, I teasingly replied, "I'm not sure." "Look in your underwear, Grandpa," he advised "Mine says I'm 4 to 6." (WOW! I really like this one -- it says I'm only '38'!)

10. A second grader came home from school and said to her grandmother, "Grandma, guess what? We learned how to make babies today."

The grandmother, more than a little surprised, tried to keep her cool. "That's interesting," she said. "How do you make babies?" "It's simple," replied the girl. "You just change 'y' to 'i' and add 'es'."

11. Children's Logic: "Give me a sentence about a public servant," said a teacher. The small boy wrote: "The fireman came down the ladder pregnant." The teacher took the lad aside to correct him. "Don't you know what pregnant means?" she asked. "Sure," said the young boy confidently. "It means carrying a child."

12. A grandfather was delivering his grandchildren to their home one day when a fire truck zoomed past. Sitting in the front seat of the fire truck was a Dalmatian dog. The children started discussing the dog's duties. "They use him to keep crowds back," said one child. "No," said another. "He's just for good luck." A third child brought the argument to a close. "They use the dogs," she said firmly, "to find the fire hydrants."

13. A 6-year-old was asked where his grandma lived. "Oh," he said, "she lives at the airport, and whenever we want her, we just go get her. Then, when we're done having her visit, we take her back to the airport."

14. Grandpa is the smartest man on earth! He teaches me good things, but I don't get to see him enough to get as smart as him!

15. My Grandparents are funny, when they bend over, you hear gas leaks and they blame their dog.

SEND THIS TO OTHER GRANDPARENTS,
ALMOST GRANDPARENTS, OR HECK,
SEND IT TO EVERYONE. IF THEY'RE NOT
ALREADY GRANDPARENTS, MAYBE SOME

DAY THEY'LL GET LUCKY AND BECOME
ONE!

DOWNSIZING...

The company, feeling it was time for a shakeup, hired a new CEO. The new boss was determined to rid the company of all slackers. On a tour of the facilities, the CEO noticed a guy just leaning against a wall doing nothing. The room was full of workers and he wanted to let them know that he meant business. He asked the guy, "How much money do you make a week?"

A little surprised, the young man looked at him and said, "I make \$400 a week. Why?" The CEO said, "Wait right here." He walked back to his office, came back in two minutes, and handed the guy \$1,600 in cash and said, "Here's four weeks' pay. Now GET OUT and don't ever come back."

Feeling pretty good about himself the CEO looked around the room and asked, "Does anyone want to tell me what that goof-ball did here?"

From across the room a voice said, "Pizza delivery guy."

1.Law of Mechanical Repair

After your hands become coated with grease, your nose will begin to itch and you'll have to pee.

2.Law of Gravity - Any tool, nut, bolt, screw, when dropped, will roll to the least accessible corner.

3.Law of Probability - The probability of being watched is directly proportional to the stupidity of your act.

4.Law of Random Numbers - If you dial a wrong number, you never get a busy signal and someone always answers.

5. Supermarket Law - As soon as you get in the smallest line, the cashier will have to call for help.

6. Variation Law - If you change lines (or traffic lanes), the one you were in will always move faster than the one you are in now.

7. Law of the Bath - When the body is fully immersed in water, the telephone rings.

8. Law of Close Encounters - The probability of meeting someone you know increases dramatically when you are with someone you don't want to be seen with.

9. Law of the Result - When you try to prove to someone that a machine won't work, it will.

10. Law of Bio mechanics - The severity of the itch is inversely proportional to the reach.

11. Law of the Theater & Hockey Arena - At any event, the people whose seats are furthest from the aisle, always arrive last. They are the ones who will leave their seats several times to go for food, beer, or the toilet and who leave early before the end of the performance or the game is over. The folks in the aisle seats come early, never move once, have long gangly legs or big bellies and stay to the bitter end of the performance. The aisle people also are very surly folk.

12. The Coffee Law - As soon as you sit down to a cup of hot coffee, your boss will ask you to do something which will last until the coffee is cold.

13. Murphy's Law of Lockers - If there are only 2 people in a locker room, they will have adjacent lockers.

14. Law of Physical Surfaces - The chances of an open-faced jam sandwich landing face

down on a floor, are directly correlated to the newness and cost of the carpet or rug.

15. Law of Logical Argument - Anything is possible if you don't know what you are talking about.

16. Brown's Law of Physical Appearance - If the clothes fit, they're ugly.

17. Oliver's Law of Public Speaking - A closed mouth gathers no feet.

18. Wilson's Law of Commercial Marketing Strategy - As soon as you find a product that you really like, they will stop making it.

19. Doctors' Law - If you don't feel well, make an appointment to go to the doctor, by the time you get there you'll feel better... But don't make an appointment, and you'll stay sick. This has been proven over and over with taking children to the pediatrician.

19. Dick Litz's law of the road: If you and the wife decide to go for a slow ride on a country road and there is only one other car on the whole road it will be three feet behind you. (The above was sent to us from Asheville, NC. Dick is from Tonawanda and sends us a lot of jokes!! THANKS Dick)

EMAIL may be used for sending 'goodies' to our newsletter

- Volunteer News / Volunteer "Tales"
- Jokes / Wisdom
- Recipes

another-serving@yahoo.com

(DON'T send jokes to our "Verizon" address)

Thank you,

Dean Hutter, Editor

Karl Bauer, Assistant Editor.